

As women living in hamlets, towns and cities, from sea to sea to sea in Canada who want to be rooted in gospel values and who feel the call to holiness, believe that by reaching out to those in need members' own faith will grow.

***"How can I do that too?"*** you ask.

By belonging to the League, members can do it together.

***"What does that mean for me?"*** you ask.

You will be offered *opportunities*; it will be up to you to choose what's right for you. The League has lots of chances for **faith** development:

- ✓ prayer liturgies
- ✓ mini-retreats
- ✓ speakers specializing in thoughts for the heart and soul
- ✓ celebratory masses
- ✓ sharing the wonder of how God was there for you
- ✓ recommendations of spiritual resources

Members:

- ✓ have **fun** together, sometimes the friendships that are made last a lifetime!
- ✓ laugh together while working on projects
- ✓ participate in skills courses, learning excursions, theatre outings, gallery visits, conference attendance
- ✓ carpool to meetings and have dinner together in transit
- ✓ host parties for other members, parishes, local shut-ins and children
- ✓ play cards together, take part in comedy presentations or physical activities and learn new hobbies
- ✓ have 'sleepovers' at conventions in all parts of Canada

Discover personal **fulfillment**:

- ✓ Take the League's concerns to government asking them to effect change.
- ✓ Learn about managing various health concerns.
- ✓ Promote Catholic education for youth in parishes.
- ✓ Offer opportunities for young people to hone their skills in public speaking, writing, music and art.
- ✓ "Be there" for moms and tots, shut-ins, the poor, the disadvantaged, the elderly, the widowed and lonely persons.
- ✓ Assist those in missions and developing countries with scholarships, twinning, care packages and friendship.
- ✓ Work together with local bishops, priests, religious sisters and committed laity in the church.

***"What will I have to do?"*** you ask.

*Come; join us*, as members walk together "For God and Canada". It doesn't cost much and the rewards are priceless! We'd love you to belong with us in **The Catholic Women's League of Canada**. Watch your life change, for the better!